

Food Help During the Government Shutdown

Learn about local assistance and how we can all help in Blount County.

This flyer may not update as fast as United Way's page.
See the last page or our website for QR Codes & Links

Check:
ourladyoffatima.org/foodhelp25
<https://unitedwayblount.org/>

This flyer is part of a coordinated community effort. Our Lady of Fatima is working alongside local churches, food pantries, and community agencies to make sure families know where to go for help during the federal government shutdown and any disruption or delay in food benefits like SNAP or WIC.

United Way has said that when federal funding is interrupted, it can create “immediate strain on households” and increase demand on local food programs, so we are sharing their current resource lists and pointing to their live document so people can find up-to-date locations, hours, and emergency distributions.

Our goal is simple: no one should go without food because they didn't know where to go — regardless of language, religion, background, national origin, or current financial situation.

If you and your family are in need of assistance, if you would like to help during this time, or if you can help us by spreading the word, please see the resources below.

1. Our Lady of Fatima

Address: 858 Louisville Rd, Alcoa, TN 37701

Phone: (865) 982-3672 • Website: <https://www.ourladyoffatima.org>

Office: Mon–Thu 8:30 a.m.–4:00 p.m.; Fri 8:30 a.m.–2:30 p.m.



If you need help:

- Blessing Box in the parking lot — take what you need, anytime – 24/7/365.
- We help walk-ins during the week with food, gas, and clothing gift cards.
- Call during office hours and we can help or connect you with a local partner agency.

If you can help:

- Help to keep our Blessing Box always stocked – it empties almost as soon as it is filled.
- Bring food each weekend to the labeled baskets in the narthex (CFC & local veterans).
- Drop off gift cards (Kroger, Walmart, Food City, gas) or a donation.
- Martha's Hands: donate or volunteer on 1st & 3rd Wednesdays to feed neighbors in need.

No one is turned away because of language, religion, background, national origin, or financial status.

Food Help During the Government Shutdown

Community Partners and Pantries

2. Community Food Connection of Blount County

Address: 137 N. Calderwood St. (New Midland Plaza), Alcoa, TN 37701

Phone: (865) 977-4400 • Website: <https://cfcblount.com>

Hours: Mon 10–12 • Wed 10–2 • Thu 5–7 p.m. • Sat 10–12 • Veterans: 3rd Sat 2–4 p.m.

If you need help:

- Come during open hours and shop for groceries — non-judgmental, all welcome.

If you can help:

- Donate food (at OLOF in the narthex or directly), give online, or volunteer for a shift.

3. Second Harvest Food Bank of East Tennessee – Family/Emergency Boxes

Address: 136 Harvest Lane, Maryville, TN 37801

Phone: (865) 521-0000 (tell them you're in Blount County) • <https://secondharvestetn.org>

Hours (Maryville): Mon–Fri 8:00 a.m.–4:00 p.m. — call before you come.

If you need help:

- Blount Mobile Pantry: 3rd Monday, 10:00 a.m., see online for locations — until food is gone.
- Emergency Food Boxes: drive-thru, Mon–Fri 8 a.m.–4 p.m., anyone can pick up regardless of residency.
- No one is turned away because of language, religion, background, national origin, or current financial status.

If you can help:

- Donate (they stretch dollars best), sponsor a mobile pantry, or run a food drive.



Food Help During the Government Shutdown

Local Businesses • How to Donate:

4. Local Businesses, Grocery Stores, Restaurants, & Community Meals

Info: posted/updated at <https://unitedwayblount.org/> and on our parish page (scan the QR).

Offers change by week.



If you need help:

- Check the page or scan the QR before you go so you know which place, what day, and what proof (if any).
- Businesses can contact United Way of Blount County (865) 982-2251 to be added to the list.

If you can help:

What to Donate

For the Blessing Box (small / ready / no can opener):

- Pop-top canned meals and soup
- Tuna or chicken pouches
- Peanut butter (small)
- Mac & cheese cups / ramen
- Granola bars, crackers, fruit cups
- Kids' snacks
- Travel-size hygiene (soap, toothpaste, wipes)

For Community Food Connection (bigger, meal-building):

- Canned meats, beans, vegetables, and fruit
- Pasta, sauce, rice, boxed dinners
- Cereal & breakfast items
- Shelf-stable milk
- Peanut butter & jelly
- Diapers/wipes

(Please avoid very old/expired food, very large #10 cans, open/used items, or glass for the blessing box.)

Food Help During the Government Shutdown

Scan • Call • Updates

Scan or Visit Our Page Online

QR Code → or go to <https://www.ourladyoffatima.org> and click “Food Help During Government Shutdown” — it will point to the same link.



If you can't scan, call:

- Our Lady of Fatima: (865) 982-3672
- United Way of Blount County: (865) 982-2251
- 2-1-1 for same-day food options

Live / updating links (United Way, not OLOF):

• Main Linktree:

<https://unitedwayblount.org/>



• Live Updating Document:

[https://docs.google.com/document/
d/1uYBxvMMuHAa_ca6RHaBPr-
KFzNOXqy6YGW6EGvqu3](https://docs.google.com/document/d/1uYBxvMMuHAa_ca6RHaBPr-KFzNOXqy6YGW6EGvqu3)

